



Active Parenting of Teens is a comprehensive parenting program for parents of preteens and teens. The skills you learn in this class will give you confidence and courage to meet the challenges—and savor the joys—of your children’s teen years.



Learn the basics of parenting a teen, plus some in-depth discussion of today’s hot topics. Written by parenting expert Dr. Michael Popkin, this class will explain what’s going on in your teen’s head, which will help you figure out why they do the things they do. You’ll learn how to open up the lines of communication, encourage cooperation and responsibility, and discipline effectively. You’ll also explore techniques for solving the inevitable problems that crop up. You’ll learn 10 strategies for preventing problems relating to drugs, alcohol, violence and teen sexuality.



Presented by Positively Linked Training & Education Center

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